

# Sunkist Healthy Heart Executive Run



Date & Time: April 25, 2010, Sunday  
6:15 am

Venue: University Ave. Parking Lot, La Salle Zobel, Ayala Alabang Village



Race Distances:

10K & 5K road race for Executives, Masters, Celebrities, and qualified AAV residents (Men & Women)

Race Rules:



- Participants must choose one category (Executives or Masters).
- Executives- Senior Manager or Top Executive in a company with paid up capital of P10M. Rank of Major or higher for military/police
- Masters- 40 years and above for Men; 35 years and above for Women
- TRAP reserves the right to verify information submitted and ask for additional proof
- Celebrities- by invitation
- Open- all comers
- No iPods & mp3's can be used during any portion of the race .



Race Course Description:

Country Club Drive Loop (CCD Loop): From University Ave., go counter-clockwise. University Ave becomes CCD. Turn right at Acacia Ave., right at University Ave. 1 loop for the 5K and 2 loops for the 10K. Finish will be at the Parking Lot.

Race Categories:

Top 3 Men & Women of the ff categories-

10K \* Executives \* Celebrities \* Qualified AAV Residents (combined Executives & Masters)

\* Masters Age Groups: Men- Top 3 Over-All; 40-49; 50-59; 60-69; 70 & over  
Women- Top 3 Over-All; 35-44; 45-54; 55 & over

5k \* Open (Top 5) \* AAV Residents (Top 3)

Awarding: The Awarding Ceremonies will be held right after the event at the University Ave. Parking Lot.

Awards and Prizes:

- Medals and product prizes
- T-shirt and refreshments and snacks (courtesy of RFM) for all participants
- Medals for individual winners for above mentioned categories

Race Day Schedule:

5:30 am Check-in of ALL participants  
6:15 Start of Races  
8:00 Start of Awarding Ceremonies & Snacks

Entry Fees:

10k Masters & Executives: P500 until March; P700 April 1-18; P800 April 19-22  
5k Masters & Executives: P400 until March; P500 April 1-18; P600 April 19-22  
10% discount for AAV Residents and TRAP -Registered Athletes & Senior Citizen discount of 20%

Amount of fee is based on payment date & not the date of submission of registration form nor date of pre-registration.

Paid fees are non-refundable & non-transferable. NO On-Site Registration!

Registration: Submit filled-up entry form with your fee at Registration Centers mentioned below.

TRAP Head Office - Room 101, Building B, Philsports Complex (ULTRA), Pasig City  
Mobile phone: +63-915-643-0822 (Fabie), Fax: +632-809-2713 or +632-850-5254  
Tel. #: +632-710-8259; +632-974-2104/5/6,

Bike King at Bonifacio High Street (c/o Raul Cuevas and Che): Tel # +632 -856-3362

SPEEDO Concept Stores at Ayala Alabang Town Center, SM Megamall, Podium, Glorietta 4 Makati, Bonifacio High Street, MOA

Participants may also pay through:

BPI (T. Carrasco, C/A No. 0 081-0483-63), or

PNB (Triathlon Association of the Philippines, C/A No. 1002-3310-0013).

Then, fax entry form & deposit slip (clear &/or enlarged copy) with name to :  
Fax #: 809-2713, 809-3136, or 850-5254.

Keep receipt & submit during Registration in Alabang.

For inquiries:

Rick Reyes, TRAP Executive Director, E-mail: [rreyes\\_upm@yahoo.com](mailto:rreyes_upm@yahoo.com), Mobile # +63-916-504-6513

Fabie David, Technical Director, E-mail: [fabiedavid@yahoo.com](mailto:fabiedavid@yahoo.com), Mobile #: +63-915-643-0822