



WOMEN'S SPORTS FESTIVAL AQUATHLON



October 15, 2017, Sunday, 7:30am; Rizal Memorial Sports Complex, Pablo Ocampo St., Manila

Distances:

<u>Age</u>	<u>Swim</u>	<u>Run</u>
13 & Above	400m	1.3km
16 & Above	800m	2.1km

Race Rules:

1. Open only to female participants 13 y/o & above
2. Body marking on both upper arms & both legs.
3. Shoes must be worn on the run
4. Roads will be closed to vehicular traffic.
5. NO Entry Fee

Race Course Description:

Swim: RMSC Pool Run: Along the RMSC Road Network

Race Categories:

Swim-Run: Top 3 of each Age group- 13~20 yrs, 21~29, 31~39, 40 & above
Run-Swim-Run: Top 3 of each Age group- 16~20 yrs, 21~29, 31~39, 40 & above

Awards and Prizes: All winners get medals. All finishers get t-shirts and post-race refreshments

Schedule:

Check-in & Body Marking	6:00 AM	
Race Briefing	6:30	
Wave 1	7:00	Swim-Run
Wave 2	7:45	Run-Swim-Run
Awarding	9:00	

Registration- Submit filled-up entry form at Registration Center mentioned below.

TRAP Head Office- Room 405, Building B, Philsports Complex (ULTRA), Pasig City
Tel. #: 710-8259; Mobile phone: +63-917-577-6070;

Or, scan accomplished entry form and send to e-mail: rreyes_upm@yahoo.com

DEADLINE: OCTOBER 10, 2017



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ENTRY FORM- Check one Swim- Run 1 (400m-1.2km): Swim-Run 2 (800m-2.1km):

Name: _____ Date of Birth: _____ T-shirt Size: _____

Address: _____

Tel or Cell #: _____ Email ad: _____

WAIVER/RELEASE FORM - In consideration of my entry, I, my heirs, executors and administrators release and forever discharge the Triathlon Association of the Philippines (TRAP), Philippine Sports Commission, its officers, staff, sponsors, servants, agents and subcontractors, instrumentality, and all voluntary community groups, and all organizations assisting this event, sponsors, producers, their agents and representatives of all liabilities, claims, damages or cost which I may have against them arising out of, or in any way connected with my participation in this event, I understand this waiver includes claims based on negligence, action or inaction of any above parties, I fully recognize the difficulties of this event and declare that I am physically fit and able to compete in this event safety, and not have been told otherwise by a medically qualified person. Furthermore, I certify that I have secured for myself a life and accident insurance coverage up to the third party liability to answer for any damages or loss of life and property that may occur in this particular event.

I agree that in the event of race cancellation due to storm, rain, inclement weather, wind or any other unforeseeable, or "act of God" conditions, my entry fee shall be non-refundable.

I have carefully read this entry form and agree to abide by all rules and directions of all race officials on the day of the race.

Participant's Printed Name (s) & Signature (s)

Signature & Name of Participant's Guardian if participant is below 18 y/o